When The Song Just Isn't There!

When I was a little girl, I used to go to bed singing and wake up singing. It was just the way I was. I seemed to always have a song in my heart and it just came right out of my mouth. Even when I lost my voice (which my folks didn't think happened often enough!), there was still some little tune dancing in my heart and head.

But there have been times in my life when I have felt that maybe I had lost the song. Sometimes events in my life so overwhelmed me that the "wind" was knocked right out of me and I couldn't seem to even hear the song, much less sing it. Has that ever happened to you?

What do you do when you are so down that you feel you will never be up again? When I lose my song, I look to the Creator of the melody of my life. I confess my absolute emptiness and by the power of the Holy Spirit I call upon all the promises that my loving God gives me. You know them, they're in the Bible: "I know the plans I have for you!"(Jer. 29:11), "I will never leave you or forsake you." (Deut. 31:6), "I have loved you with an everlasting love!" (Jer. 31:3) and the Good News goes on and on. It is summed up in the redeeming work of our Lord and Savior, Jesus Christ. Our faithful Father has given us an entire love story in His Word and it is there for the taking.

May God's abiding love give you the gift of a song in your heart and with the Psalmist may we say, "Weeping may remain for a night, but rejoicing comes in the morning" (Psalm 30:5b)

